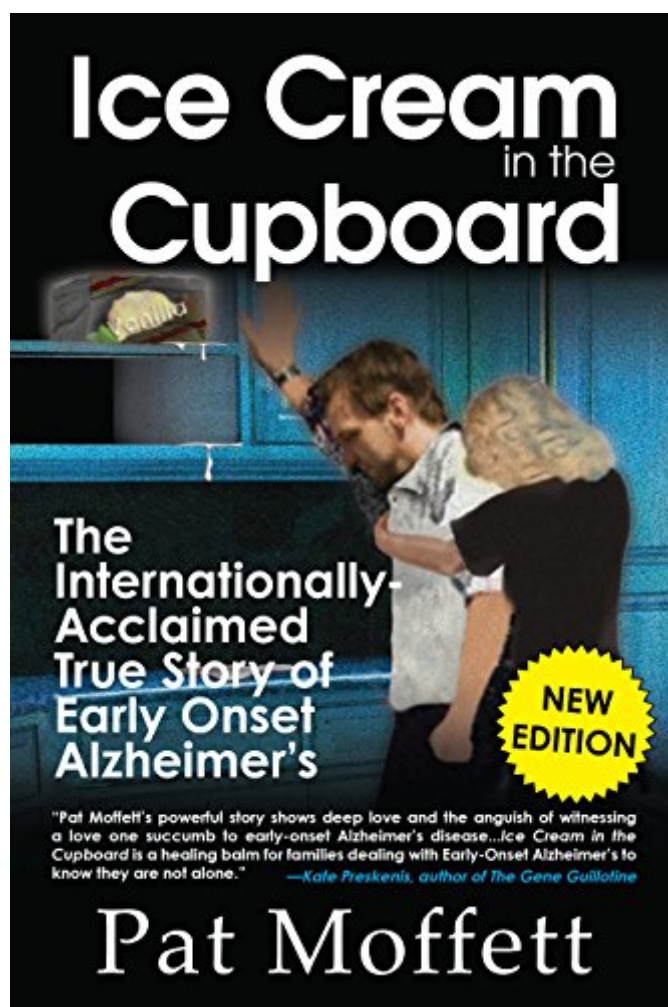


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# Ice Cream In The Cupboard: A True Story Of Early Onset Alzheimer's



## Synopsis

**EARLY ONSET ALZHEIMER'S: A LOVE STORY** It started with strange behavior—a hostile outburst here, a peculiar lapse of memory there. Then it became violent. The beautiful, vivacious Carmen Moffett was behaving in ways her husband Pat could not understand. Their marriage had been a long love affair. Together, they raised five beautiful children in Great Neck, New York, and were looking forward to planning their retirement together. Then came the outbursts, both verbal and physical, and the forgetting. Confused and increasingly nervous, Pat consulted doctors, but no one could find anything physically wrong with Carmen. Worse yet, she could not remember doing the things that rattled Pat. Finally, several years later, incidents at Carmen's work forced her to another doctor, Gisele Wolf-Klein, who diagnosed the devastating illness. As she slipped away, Carmen reached out for Pat. He was the one she could remember, even if she did not always know exactly who he was. With remarkable grace and an incredibly strong will, Carmen accepted that she was fading, that she would disappear. But through all of it, she managed to reserve three words for Pat. These three words exemplify the theme of their lives together, to this day. *œlce Cream in the Cupboard* takes the reader on the tumultuous journey of one family's struggle with early onset Alzheimer's disease. Mr. Moffett's soul-bearing account is painfully honest and gives the reader a very personal perspective of this insidious illness and its overwhelming impact on all in its path. *œ* Barbara Vogel, *Northwell Health* *œ*With considerable polish and frankness, Moffett crystalizes the issues surrounding Early Onset Alzheimer's, a disease that will become increasingly prevalent as baby boomers move through their 50's. Cathartic and cautionary. *œ* Kirkus Discoveries

## Book Information

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## Customer Reviews

I'm a clinical neuropsychology doctoral student. This book gives rise to the insight into the phenomenal world of a brain injured person. Ice Cream in the Cupboard describes how neurological degenerative disorders effects not only the patients life, but the entire family. This touching read will leave you wanting to get involved in Alzheimer's research and understand the complexities that lie within the experiences of people who suffer brain impairment.

I am going to give this a 5 star instead of a 4 star but I think Mr. Moffett glossed over a lot of the disease and what he and his family went through. I know how Alzheimer's is affecting a friend who's husband has early onset and it is so much worse for the caregiver and children than Mr. Moffett portrays. Of course if he wrote how bad it really is, nobody could read it. It is a very sad situation that many of us born between the late '40s through early '60s will have to deal with. Read this book and get prepared for yourself or a loved one. Such a sad disease; hopefully science will find a cure sooner than later.

Ice Cream in the Cupboard will break your heart. I appreciate that Pat wrote this book. It will help readers recognize early signs of this horrible disease. Giving strangers an intimate look at their lives must have been heart-rending but hopefully healing as well. The author is very talented. Kathy Summers

This book bought me to tears. A truly inspirational love story, written in such a way that it pulls at your heart strings and takes you on this journey of both joy and grief. Of all the books I've read in this field, this is the most compelling. A must read for both patient and caregiver - bring out the tissues before you start reading though

This book was written with great respect and love to his wife, but also a real look inside the daily life caring for spouse with early onset Alz. The book brought me to tears several times thinking of my father who is currently caring for my mother with Early onset Alz while continuing to work everyday. I do believe Carmen would be proud of this lovely book!

While I enjoyed the book and found it interesting enough to finish it, I have read other books dealing with personal Alzheimer's experiences that I found more riveting.

The book was great. It gave me ideas on how to deal with someone with Alzheimer's. Or even the beginning stages. A person real life story really great. We really need to put lots of money on research.

This book was a page turner...heart-wrenching and touching...being from New York, I could see myself in the places mentioned in the book...gave me a whole new look into and respect for the role of caretaker for an Alzheimer's patient

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